## RISK FACTORS/CHRONIC DISEASE TERM GLOSSARY

**Arthritis** Respondents who reported a doctor told them they had arthritis.

Binge Drinking Respondents who reported having five or more drinks on an

occasion, one or more times in the past month.

Current Smoking Respondents who reported smoking 100 cigarettes during their

lifetime and who smoke now (regularly or irregularly).

**Dental Visit** Respondents who reported they had not had a dental visit in the

past year.

**Diabetes** Respondents who reported a doctor told them they had diabetes.

Five A Day Respondents who reported they had not heard of the program

"Five A Day for Better Health."

Flu Shot Respondents who reported not receiving a flu shot in the past 12

months.

Folic Acid Respondents 18-44 years of age who reported a reason other

than preventing birth defects as the reason experts recommend

that women take folic acid.

Fruits/Vegetables Respondents who reported that they consumed fewer than five

servings of fruits and vegetables daily.

Health Care Access Respondents who reported that they did not have health care

coverage.

HIV/AIDS Testing Respondents 18-64 years of age who reported that they have not

been tested for HIV.

**Limited Activities** Respondents who reported they were limited in any activities due

to any impairment or health problems.

**Mammography** Female respondents 40 years of age and older who reported that

they had never had a mammogram.

**No Leisure-Time Activity** Respondents who reported that they did not participate in physical

activity in the past month outside of normal work-related activities.

Obese Respondents with a Body Mass Index (BMI) of 30.0 to 99.8. BMI

is weight in kilograms divided by height in meters squared (W/H2).

Overweight Respondents with a Body Mass Index (BMI) of 25.0 to 29.9.

## RISK FACTORS/CHRONIC DISEASE TERM GLOSSARY (CONT)

Pap Smear Female respondents who reported that they never had a Pap

smear test.

Pneumonia Vaccination Respondents who reported not never receiving a pneumonia

vaccination.

**PSA Blood Test**Male respondents aged 50 years and older who reported that they

had not had a Prostate Specific Antigen (PSA) blood test.

**Respondent** Arizona residents 18 years of age or older. In some cases various

subset(s) of this group may be used.

Seatbelt Respondents who reported that they "sometimes", "seldom", or

"never" wear seat belts when driving or riding in a car.